

cold sandwiches



Sandwiches served after 8:00am

We serve

All sandwiches come with a choice of Beyond Bread Kettle Chips, Baked Chips or Baby Carrots. As an alternative, we offer Pasta Salad or Fat Free Vinegar Slaw for an additional \$.50, a small green salad or a small soup for an additional \$1.00.

Vegetarian Sandwiches

Indicates bread with a crust that may be difficult to eat if you have sensitive or delicate teeth. Also, please note that our olives contain pits. Please be careful!

Annie's Addiction **\$6.50**

Hummus, cucumber, sprouts, tomato, red onion on Rustic. Half \$4.75

Ashlee's Albacore **\$7.25**

Tuna salad (solid white Albacore Tuna, mayonnaise, dijon mustard, fresh parsley, salt and pepper), lettuce, tomato on White. Half \$4.99

Avi's Avo **\$7.75**

Turkey, avocado, cucumber, sprouts, mayonnaise on Ciabatta. Half \$5.25

Bart's Bag **\$8.25**

Turkey, brie, lettuce, tomato, red onion, honey mustard, mayonnaise on a Baguette. Half \$5.25

Betty's Brie **\$8.25**

Certified Angus Beef® roast beef, brie, tomato, mayonnaise on a Baguette. Half \$5.25

Bob's BLT **\$6.75**

Bacon, lettuce, tomato, mayonnaise on toasted White. Half \$4.75

Cam's Classic **\$7.25**

Certified Angus Beef® Roast Beef, lettuce, horseradish sauce on a Garlic Italian Roll. Half \$4.99

Carmela's Caprese **\$7.75**

Fresh mozzarella, tomato, fresh basil leaves, roasted red peppers, vinaigrette dressing on Focaccia.

Curt's Club **\$10.50**

Turkey, bacon, Swiss, lettuce, tomato, mayonnaise on toasted White. *Triple Decker.*

Enzo's Ending **\$7.99**

Pepperoni, ham, provolone, pepperoncini, lettuce, tomato, red onion, Italian dressing on a Torpedo Roll.

Fran's Fromage **\$7.25**

Brie, lettuce, tomato on a Baguette. Half \$4.99

Henry's Ham **\$6.99**

Ham, lettuce, honey mustard on White. Half \$4.99

Joel's Jolt **\$7.50**

Turkey, provolone, jalapeño, lettuce, tomato, onion, Russian dressing on Ciabatta. Half \$4.99

Kalid's Kurry **\$7.25**

Curry chicken salad (chicken, celery, scallion, curry powder, salt, white pepper, mayonnaise, raisins, jicama, lemon juice), toasted almonds, lettuce in a Wheat Pita. Half \$4.99

Maddy's Madness **\$8.50**

Chicken, bacon, havarti, avocado, lettuce, tomato, mayonnaise on toasted Multigrain.

Max's Muffalotta **\$8.75**

Capicola, ham, pepperoni, provolone, artichoke hearts, roasted red peppers, olive paste, tomato, red onion, vinaigrette on Ciabatta.

Molly's Crisis **\$7.50**

Turkey, hummus, cucumber, sprouts, tomato, mayonnaise on Rustic. Half \$5.25

Ollie's Original **\$6.75**

Feta, olive paste, cucumber, tomato, red onion, vinaigrette on a Baguette. Half \$4.75

Pablo's Pavo **\$7.25**

Southwest turkey salad (fresh roasted turkey, Anaheim chiles, cilantro, celery, red onion, chipotle chiles, mayonnaise and sour cream), lettuce and tomato in a Wheat Pita. Half \$4.75

Rex's Revenge **\$7.99**

Chicken, shaved parmesan, lettuce, Caesar dressing on Focaccia.

Stan's Stack **\$7.75**

Turkey, provolone, roasted red peppers, sprouts, Russian dressing on White. Half \$5.25

SOUPS \$5.25

Served in a bread bowl or with a side of sliced bread

Daily Soups

Chicken Tortilla & Tomato Basil

Monday

Beef Barley

Friday

Clam Chowder

Tuesday

Butternut Squash

Saturday

Baked Potato

Wednesday

Green Chile & Corn Chowder

Sunday

Cream of Chicken & Dumpling

Thursday

Beef Chili

May - Sept

Gazpacho

Soup & Salad Combo **\$5.75**

Small green salad & a small soup of your choice.

hot sandwiches

Brad's Beef **\$7.99**

Certified Angus Beef® Roast Beef, provolone, green chiles, red onion, Russian dressing on White.

Chad's Choice **\$7.75**

Chicken, provolone, green chiles, sprouts, mayonnaise on White.

Charlie's Chicken **\$8.25**

Chicken, bacon, sharp cheddar, tomato, red onion, barbecue sauce on a Torpedo Roll.

Colette's Cordon Bleu **\$8.25**

Chicken, ham, Swiss, honey mustard on White.

Dab's Delight **\$7.75**

Tuna salad (solid white Albacore Tuna, mayonnaise, dijon mustard, fresh parsley, salt and pepper), havarti, tomato on Wheat.

Gino's Grinder **\$7.75**

Capicola, pepperoni, provolone, roasted red peppers, red onion, vinaigrette on a Baguette.

Gordy's Gorgonzola **\$7.99**

Certified Angus Beef® roast beef, gorgonzola/roasted garlic blend, red onion on Rustic.

Maya's Market **\$7.50**

Havarti, basil pesto, artichoke hearts, roasted red peppers, tomato, red onion on Multigrain.

Pauly's Pesto **\$8.50**

Chicken, provolone, basil pesto, artichoke hearts, tomato, Italian dressing on a Garlic Italian Roll.

Tony's Trio **\$7.25**

Ham, provolone, honey mustard on White.

other sandwiches

Grilled Cheese (no additions please) **\$4.99**

Kid's Call (12 and under please) **\$2.75**

Half a smooth PB & strawberry jam or grilled cheese on White.

Plain Jane **\$7.25**

Served cold. *Choice of meat:* Certified Angus Beef® top round roast beef, turkey or ham. *Your choice of:* provolone or Swiss, lettuce, tomato, red onion, mayonnaise, honey mustard. Half \$4.99

from the garden

All From the Garden Salads served with Rustic Bread

Catch of the Sea **\$7.99**

Tuna salad (solid white Albacore Tuna, mayonnaise, dijon mustard, fresh parsley, salt and pepper), cucumber, tomato, red onion, Ranch dressing on mixed greens.

It's Greek To Me **\$7.99**

Feta, artichoke hearts, Greek olives, cucumber, tomato, red onion, Vinaigrette dressing on mixed greens.

Let's Play Chicken **\$7.99**

Chicken, cucumber, tomato, red onion, Ranch dressing on mixed greens.

Lettuce Grace Your Plate **\$6.25**

Cucumber, tomato, red onion, Ranch dressing on mixed greens.

Three's a Crowd **\$7.99**

Hummus, artichoke hearts, roasted red peppers, cucumber, tomato, red onion, Vinaigrette dressing on mixed greens.

Dressings:

1000 Island, Ranch, Honey Mustard, Italian or Vinaigrette

beyond the garden

All Beyond the Garden Salads served with Garlic Crostini

Angus Management **\$8.75**

Certified Angus Beef® Roast Beef, spiced cinnamon pecans, crumbled gorgonzola, cucumbers, tomato, red onion, Italian dressing on mixed greens.

Et tu, Brute? **\$8.25**

Chicken, Caesar dressing, shaved parmesan on romaine.

Gobble Me Up! **\$8.75**

Turkey, spiced cinnamon pecans, dried cranberries, gorgonzola, cucumber, tomato, red onion, Ranch dressing on mixed greens.

Larry, Moe & Curry **\$8.50**

Curry chicken salad (chicken, celery, scallion, curry powder, salt, white pepper, mayonnaise, raisins, jicama, lemon juice), toasted almonds, cucumber, tomato, red onion, Vinaigrette dressing on mixed greens.

Say Cheese! **\$8.50**

Fresh mozzarella, sliced tomato, fresh basil leaves, roasted red peppers, cucumber, Vinaigrette dressing on romaine.

South by Southwest **\$8.50**

Southwest turkey salad (fresh roasted turkey, Anaheim chiles, cilantro, celery, red onion, chipotle chiles, mayonnaise, sour cream), avocado, cucumber, tomato, red onion, Ranch dressing on mixed greens.

Cracked Wheat: Wheat flour, water, cracked wheat, starter & sea salt.

Cranberry Pecan: Wheat flour, whole wheat, water, dried cranberries, pecans, starter & sea salt.

Feta, Spinach & Onion: Wheat flour, water, feta cheese, spinach, roasted onions, starter & sea salt.

Fig & Pistachio: Wheat flour, water, starter, figs, pistachios, anise & sea salt.

Focaccia: Wheat flour, water, starter, pure olive oil, milk, herbs & spices, yeast & sea salt.

Garlic Italian: Wheat flour, semolina, water, oil, garlic, yeast & sea salt.

Green Chile & Provolone: Wheat flour, water, provolone, green chile, starter & sea salt.

Jalapeño & Cheddar: Wheat flour, water, jalapeños, Wisconsin cheddar, starter & sea salt.

Kalamata Olive: Wheat flour, water, kalamata olives, starter & sea salt.

Marble Rye: Wheat flour, rye flour, pumpnickel meal, water, molasses, caramel extract, caraway, starter & sea salt.

★ **Improved Multigrain:** Stone ground whole wheat flour, water, oats, wheat flour, sunflower seeds, cracked wheat, millet, flax seeds, honey, starter & sea salt. ★ Corn Syrup Free

Parisienne: Wheat flour, water, yeast & sea salt.

Parmesan & Herb: Wheat flour, water, parmesan, thyme, oregano, starter & sea salt.

Parsley & Swiss: Wheat flour, water, Swiss, parsley, starter & sea salt.

Pretzel: Wheat flour, water, starter, yeast & sea salt.

Pumpnickel: Wheat flour, rye flour, pumpnickel meal, water, molasses, caramel extract, caraway, starter & sea salt.

Rosemary: Wheat flour, water, rosemary, starter & sea salt.

Rustic: Wheat flour, semolina, whole wheat, water, starter, toasted white and black sesame seeds & sea salt.

Rye: Wheat flour, rye flour, water, starter, caraway & sea salt.

Semolina: Semolina, Durham flour, wheat flour, pure olive oil, starter, sesame seeds & sea salt.

Sun Dried Tomato & Basil: Wheat flour, water, sun dried tomatoes, basil, starter & sea salt.

Walnut: Wheat flour, stone ground whole wheat, water, walnuts, starter & sea salt.

Wheat: Stone ground whole wheat, wheat flour, water, starter & sea salt.

White: Wheat flour, water, starter & sea salt.

brian's breakfast bash

served 6:30am-10:00am weekdays and 7:00am-11:00am weekends

Cindy's Raisin Challah French Toast \$5.50

3 pieces served with powdered sugar & syrup.

Otis's Oatmeal \$3.50

Beyond Bread's unique blend of oats and grains slowly cooked each morning. Served with brown sugar & dried fruit with a side of milk.

Quinn's Quiche \$3.95

omelets

with choice of potato pancakes or roasted red potatoes

BCT

Bacon, cheddar, tomato.

✿ **Go Greek**

Olive paste, red onion, tomato, artichoke hearts, feta.

Green Eggs & Ham

Pesto, ham, provolone.

✿ **Breakfast Bruschetta**

Tomato, fresh basil, parmesan.

Old Pueblo

Chicken, green chiles, avocado, provolone.

Good Morning Denver

Ham, onion, roasted red peppers, Swiss.

egg sandwiches

with choice of potato pancakes or roasted red potatoes

Bernie's Bacon

Bacon, cheddar, tomato on White.

Morgan's Merger

Ham, Swiss, roasted red peppers, red onion on White.

✿ **Ignacio's Italian**

Tomato, fresh basil, parmesan on White.

Santiago's Sonoran

Ham, provolone, green chiles on White.

breakfast extras

Granola with skim or whole milk \$3.95

Yogurt Parfait \$3.95

Potato Pancakes side (2) \$1.50

Roasted Red Potatoes \$1.50

Bacon side (4) \$1.50

Toast with jam & butter \$1.25

Egg Beaters available for omelet .50¢

full espresso bar available



NORTHWEST

421 W. Ina

Tel: 461-1111 • Fax: 461-1051

(IF FAXING AN ORDER YOU MUST CALL TO CONFIRM)

EAST

Monterey Village

6260 E. Speedway (at Wilmot)

Tel: 747-7477 • Fax: 747-5338

(IF FAXING AN ORDER YOU MUST CALL TO CONFIRM)

CENTRAL

3026 N. Campbell (between Glenn & Ft. Lowell)

Tel: 322-9965 • Fax: 322-9938

(IF FAXING AN ORDER YOU MUST CALL TO CONFIRM)

HOURS:

Mon.-Fri. 6:30-8:00

Sat. 7:00-8:00 Sun. 7:00-6:00

Visit us online at www.beyondbread.com

bread line-up

Daily

✿ Baguette
✿ Ciabatta (9:00am)
Cinnamon Raisin
Focaccia (9:00am)
Garlic Italian (9:00am)
Multigrain
Parisienne (9:00am)
Pretzels (9:00am)
Rustic
Rye
Wheat
White

Monday

Green Chile & Provolone
Parsley & Swiss
Semolina & Sesame
Sun Dried Tomato & Basil

Tuesday

Feta, Spinach & Onion
Jalapeño & Cheddar
Marble Rye
Pumpnickel

Wednesday

Ancho, Chipotle & White Cheddar
Brie, Scallion & Chive
Cracked Wheat
Rosemary

Thursday

Jalapeño & Cheddar
Olive
Parmesan & Herb
Sun Dried Tomato & Basil

Friday

Challah (12:00pm)
Chocolate Babka (12:00pm)
Cranberry Pecan
Feta, Spinach & Onion
Green Chile & Provolone

Saturday

Ancho, Chipotle & White Cheddar
Fig & Pistachio
Parmesan & Herb
Parsley & Swiss
Rosemary

Sunday

Cranberry Pecan
Marble Rye
Parmesan & Herb
Pumpnickel
Walnut

Special Orders

require a 96-hour notice

✿ Please be advised that some of our breads have a hard crust that may be too hard for sensitive or delicate teeth.

ingredient list

Most Breads are Naturally Leavened

Most breads have no added sugar! We use only unbleached, unbromated, hard wheat flours.

Ancho, Chipotle & White Cheddar: Wheat flour, water, white cheddar, ancho and chipotle chile, starter & sea salt.

✿ **Baguette:** Wheat flour, water, starter & sea salt.

Brie, Scallion & Chive: Wheat flour, water, starter, brie, scallions, chives & sea salt.

Challah: Wheat flour, water, eggs, sugar, oil, yeast & sea salt.

Chocolate Babka: Wheat flour, eggs, butter, sugar, oil, chocolate, almonds, rum, vanilla, yeast, lemon zest, brown sugar, pecans, cinnamon & sea salt.

✿ **Ciabatta:** Wheat flour, water, yeast & sea salt.

Cinnamon Raisin: Wheat flour, whole wheat, water, raisins, starter, cinnamon & sea salt.